

# FLORIDA BLUE MY HEALTH TOOLKIT

## GETTING STARTED WITH MY HEALTH TOOLKIT

my**HEALTH**toolkit®

My Health Toolkit isn't just for people who are actively seeking health care. Here's some common questions and answers to get you started.

### What is My Health Toolkit?

My Health Toolkit is a secure portal you can use to manage your benefits, connect with resources and personalize your experience with your health plan. Log in from wherever you access the internet or from the convenient mobile app to do all this and more:

- ◆ Verify who's covered on your plan.
- ◆ Get a snapshot of your coverage.
- ◆ Find in-network health care providers.
- ◆ Check the status of your claims.
- ◆ Access your digital ID card or order replacement cards.

You can use it to access health and wellness programs that can help you live your best life every day. Or log in to manage your contact preferences so we'll know just how to reach you with important updates.

### Who can use My Health Toolkit?

You can set up a My Health Toolkit account if you are age 16 or older and are enrolled in a health or dental plan. That means each subscribing member and each covered spouse, child or other dependent who meets the age requirement can have his or her own account.

### How can I access it?

Access My Health Toolkit through our member website. Or download the My Health Toolkit mobile app and manage your benefits wherever you go from the convenience of your mobile device. You can use the same username and password to log in via the website or the app.

### How do I register?

Registering for My Health Toolkit is easy. From the member website, select the [Create An Account](#) link in the login box, or download the app and select the [Sign Up](#) button. To get started, simply enter the number from your member ID card or the subscribing member's Social Security number. Then choose your birthdate from the drop-down menu to indicate which plan member is signing up.

Once you've signed up, you can set up your profile, including selecting your preferred method of contact — such as text, email or regular mail — for certain types of notifications. This helps us get important notifications to you based on your personal preferences.



Download the My Health Toolkit app from your app store or register at [www.MyHealthToolkitFL.com](http://www.MyHealthToolkitFL.com).



# FLORIDA BLUE MY HEALTH TOOLKIT

MEET US ON

MY HEALTH TOOLKIT

my**HEALTH**toolkit®

Whether you join us from your smartphone or on your computer, Blue Cross and Blue Shield of Florida, Inc. looks forward to meeting you on My Health Toolkit.

## Registration is easy.

All you need to get started with My Health Toolkit is the member ID located on your insurance card or subscribing member's Social Security number and your date of birth. If you share a health plan with family members ages 16 and over, they can register for individual accounts, too.

## Enjoy the security and convenience of facial recognition.

We never forget a face. If you are accessing My Health Toolkit on your smartphone, make sure to enable facial recognition to make logging in safe, quick and easy.



Download the My Health Toolkit app from your app store or register at [www.MyHealthToolkitFL.com](http://www.MyHealthToolkitFL.com).



## Access your digital ID card.

There's no need to dig through your wallet. We keep a digital copy of your ID card at the ready so you can access it whenever and wherever you need it. You can also order a replacement card if you misplace yours.

## Manage your contact preferences.

Choose how you want to hear from us. Whether it's by text, mail or email, you can select how you want to receive important health information.

## Learn more about your coverage.

We want to make sure you are up to speed on all the features of your plan. Meet us on My Health Toolkit to look up your medical coverage, deductible and out-of-pocket spending.

## Shop for care.

Let us introduce you to our crew. Using the Find Care link, you can view a list of network doctors and medical facilities in your area. Make sure you check out features like patient reviews, provider quality information and a list of doctors who are accepting new patients.

## Check the status of your claims.

All of your details are at your fingertips. You can view the status of a current or previous medical claim, the dates of services, the amount charged by your provider and the amount you may owe. You can even mark claims as paid or add notes for your personal record-keeping.



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