

Five Good Reasons to March On Down to the Library!

Libraries are a wonderful community resource for everyone because they have books, videos, music, newspapers, computers and much more for children and adults — and these resources are available to the public for free!

You can check books and other materials out of the library by signing up for a free library card. Usually you will be able to check out materials for a few weeks at a time. When you're done with those books, you return them to the library, and exchange them for more. If you forget to return books and materials on time, you may need to pay a small fine.

- Regular library visits inevitably lead to more reading. Research shows that reading actually affects brain development positively. When kids read or are read to, their brain cells are literally turned on, and existing links among brain cells are strengthened and new cell links are formed.
- 2. You can expose your children to more books and magazines than you can afford to buy. Sure, you

- can take your kids to the children's section of a nearby bookstore and you should! But if you're like most of us, you're on a budget. At the library, you can haul out as much as you can carry, turn your books back in as soon as they're read, and take home a whole new pile.
- 3. The librarian can recommend books that you may not know of or think to suggest to your child. Most libraries also have sections for children and teens. The library employees can guide you in selecting books of high interest. You can also find books for children and adults in both English and Spanish.
- 4. Library time is active, not passive. You won't see shushing librarians in today's libraries. Most libraries offer regular programs for kids that make stories come to life and programs for teens that help them connect with other reading teens.
- Owning a library card teaches kids responsibility. As card-carrying library patrons, young kids learn about treating with care things that belong to others.

So get your child a library card today! Visit <u>JustTake20.org</u> for ideas about how you can help your child check out books they will be motivated to read.





family reading activities!