

Pasco County Schools Secondary Breakfast

Spring
2012

Monday	Tuesday	Wednesday	Thursday	Friday
Muffin Snack Pack Twin Muffins, Low-Fat Cheese Stick, Fresh Fruit Burrito HomeStyle Pack Breakfast Burrito w/Hashbrown, Fruit or Juice	UBR Snack Pack Fresh-baked Breakfast Round, Low-Fat Cheese Stick, Fresh Fruit Pancake HomeStyle Pack Kellogg Pancakes w/Sausage, Fruit or Juice	Yogurt Snack Pack Yoplait Yogurt w/Kellogg Elf Grahams, Low-Fat Cheese Stick, Fresh Fruit Breakfast Sandwich HomeStyle Pack Breakfast Combo Sandwich, Fruit or Juice	PopTart Snack Pack Kellogg Strawberry PopTart w/Cereal, Low-Fat Cheese Stick, Fresh Fruit Waffle HomeStyle Pack Waffles w/Sausage, Fruit or Juice	Bar Snack Pack Oatmeal Chocolate Chip Bar, Low-Fat Cheese Stick, Fresh Fruit Cinnamon HomeStyle Pack Pillsbury Mini-Cini Rolls, Fruit or Juice

(Shown Above) Week One Breakfast Cycle Available the Weeks of Jan 9th, Jan 30th, Feb 20th, March 12th, April 23rd, and May 14th

Muffin Snack Pack Twin Muffins, Low-Fat Cheese Stick, Fresh Fruit Breakfast Pizza HomeStyle Pack Breakfast Pizza w/Hashbrown Fruit or Juice	UBR Snack Pack Fresh-baked Breakfast Round, Low-Fat Cheese Stick, Fresh Fruit Cheesy Toast HomeStyle Pack Grilled Cheese Sandwich Fruit or Juice	Yogurt Snack Pack Yoplait Yogurt w/Kellogg Elf Grahams, Low-Fat Cheese Stick, Fresh Fruit Breakfast Sandwich HomeStyle Pack Egg, Ham, and Cheese Breakfast Sandwich, Fruit or Juice	Pop-Tart Snack Pack Kellogg Strawberry PopTart w/Cereal, Low-Fat Cheese Stick, Fresh Fruit French Toast HomeStyle Pack Apple-Cinnamon French Toast w/Sausage, Fruit or Juice	Bar Snack Pack Oatmeal Chocolate Chip Bar, Low-Fat Cheese Stick, Fresh Fruit Biscuit HomeStyle Pack Sausage Stuffed Biscuit, Fruit or Juice
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(Shown Above) Week Two Breakfast Cycle Available the Weeks of Jan 16th, Feb 6th, Feb 27th, Mar 19th, April 9th, April 30th, and May 21st

Muffin Snack Pack Twin Muffins, Low-Fat Cheese Stick, Fresh Fruit Omelet HomeStyle Pack Omelet Sandwich w/Hashbrown, Fruit or Juice	UBR Snack Pack Fresh-baked Breakfast Round, Low-Fat Cheese Stick, Fresh Fruit Pancake HomeStyle Pack Kellogg Pancakes w/Sausage, Fruit or Juice	Yogurt Snack Pack Yoplait Yogurt w/Kellogg Elf Grahams, Low-Fat Cheese Stick, Fresh Fruit Breakfast Sandwich HomeStyle Pack Egg, Sausage, and Cheese Breakfast Sandwich, Fruit or Juice	Pop-Tart Snack Pack Kellogg Strawberry PopTart w/Cereal, Low-Fat Cheese Stick, Fresh Fruit Pancake HomeStyle Pack Kellogg Pancakes w/Sausage, Fruit or Juice	Bar Snack Pack Oatmeal Chocolate Chip Bar, Low-Fat Cheese Stick, Fresh Fruit French Toast HomeStyle Pack Cinnamon French Toast, Fruit or Juice
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(Shown Above) Week Three Breakfast Cycle Available the Weeks of Jan 23rd, Feb 13th, Mar 5th, Mar 26th, April 16th, May 7th, and May 28th

MENU

Offered Daily

Fresh Fruit or Chilled Fruit Cup
100% Fruit Juice
Lowfat Milks

Breakfast Choices

Breakfast includes a choice of one main fare item, one fruit or 100% fruit juice, and one milk choice.

Grab-n-Go Breakfast Schools

Secondary schools that participate in the Grab-n-Go Breakfast Program may offer a modified breakfast menu.

Free and Reduced-Price meals are available for families that qualify. Applications may be completed online by visiting the Food and Nutrition Services website at www.pasco.k12.fl.us/nutrition.

"This institution is an equal opportunity provider."