

# 2017 Health & Wellness Incentive (HWI) Program



## Quick Start Guide:

### \$150 Incentive Reward

Complete:

- Annual Health Risk Assessment (HRA)
- Biometric Questionnaire and
- Follow-up visit within 90-days

You must complete the HRA before you are eligible for the next incentive

### Earn An Additional \$100 Incentive:

- Complete two (2) wellness programs by October 31, 2017

### Incentive Payments:

- Incentive payments will be calculated quarterly and loaded onto your prepaid VISA card approximately 45 days after the end of the quarter

### Do NOT Throw Your Prepaid VISA Away

- Your prepaid VISA card is valid for three (3) years
- Cards will be automatically renewed and distributed the month they expire
- Prepaid VISA cards will be issued for new participants within 45 days after the end of each quarter

All activities must have a start and end date within the timeframe of November 1, 2016 – October 31, 2017.

You are eligible for up to \$250 Total Incentive Reward.

Pasco County Schools will continue to offer a Health and Wellness Incentive (HWI) Program for employees and retirees covered under the district's Florida Blue medical plan to help promote wellness and healthy lifestyles. Participation in the HWI Program is voluntary; however, participants must follow the steps outlined on this page in order to be eligible for the 2017 incentive.

## Step 1: Annual Health Risk Assessment (HRA) and Follow-up

1. You must complete an annual HRA through the Health and Wellness Center (HWC) and the biometric questionnaire.
2. You must follow up with an HWC provider to obtain and discuss annual HRA results within 90-days of your annual HRA lab appointment to be eligible for the HWI rewards.
3. You are eligible for a \$150.00 reward upon completion of the HRA and follow-up with an HWC provider.

## Step 2: Health and Wellness Programs

1. During your follow-up visit, the provider will discuss some health indicator benchmarks with you. Your provider will enroll you in a health and wellness program based on your results.
2. You are eligible for a \$50.00 reward upon completion of your first wellness program. You must follow-up with your HWC provider to enroll in a second wellness program.
3. You have an opportunity to earn up to an additional \$100.00 incentive reward by completing two (2) wellness programs.

### **Health and Wellness Incentive Rewards (Prepaid VISA Card)**

Health and Wellness Incentive (HWI) rewards will be loaded onto your Prepaid VISA card approximately 45 days after the end of each quarter. New or replacement cards are distributed approximately 7-10 days after the funds have been loaded.

### **Do NOT Throw Your Card Away**

Your Prepaid VISA card is valid for three (3) years even if you have a zero balance. Cards will be automatically renewed and distributed by Bank of America the month of their expiration.

The Bank of America Prepaid VISA card provides an immediate, convenient and secure way to disperse HWI rewards. You are not limited to using your Prepaid VISA card for health and wellness; it may be used the same as a debit card.

### **Instructions and Tips**

1. Card activation: [www.bankofamerica.com/commercialprepaidcard](http://www.bankofamerica.com/commercialprepaidcard) or call 1.866.213.8564 (TTY line at 1.866.656.5913)
2. When you call to activate your card, you will select a PIN number. Your PIN is the access code to your account for all point-of-sale purchases and ATM transactions.
3. Contact the Customer Service Representative by calling 1.866.213.8564 if you have questions regarding information such as:
  - a. Account balances
  - b. Lost, stolen, or damaged cards
4. For answers to Frequently Asked Questions (FAQs) please visit [https://prepaid.bankofamerica.com/Bulkrewardcard/PRC384/CP384-T00-002\\_Sc384-9999/docs/faqprogram.htm](https://prepaid.bankofamerica.com/Bulkrewardcard/PRC384/CP384-T00-002_Sc384-9999/docs/faqprogram.htm)

